

Holiday Activity and Food Programme

Young Inspector visit

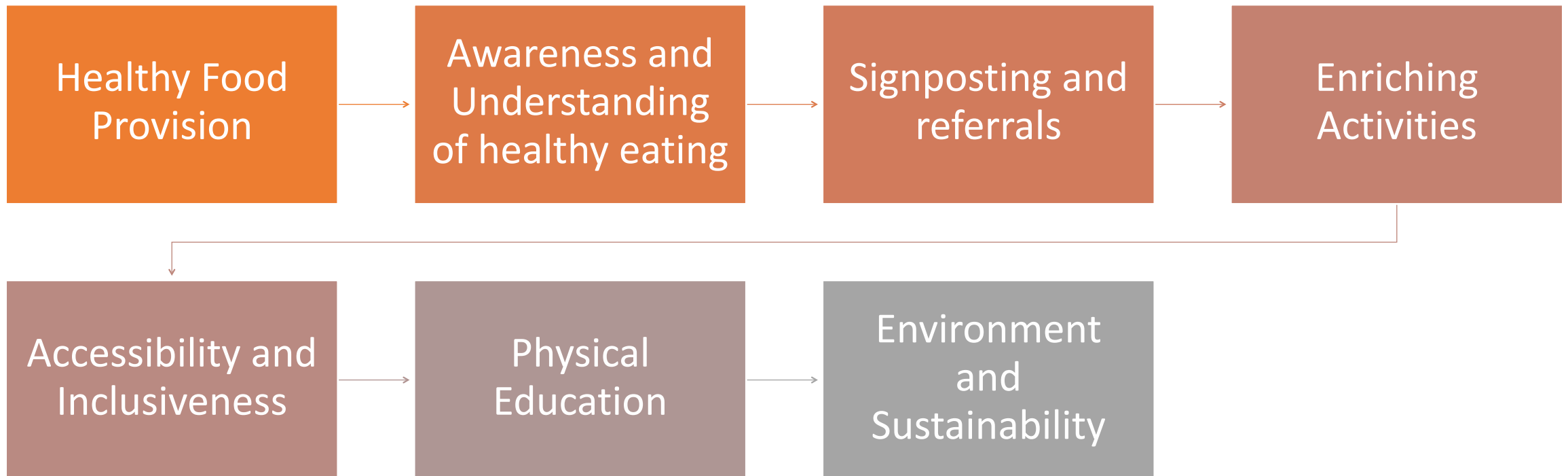
Organiser – Full Circle , The Hermitage

Date – 16th August

Young Inspectors – Em and Lauren



Inspection Criteria





Monday	Tues	Weds	Thurs
Lunch option 1 Jacket potato with filling options of cheese, tuna mayo or beans served with salad	Lunch option 1 Spaghetti bolognaise served with garlic bread and salad	Lunch option 1 Sausage and mash served with gravy and Yorkshire pudding	Lunch option 1 Homemade pizza and homemade chips (Children will make their own pizza) toppings of cheese, ham, peppers and sweetcorn served with salad
Lunch option 2 Hot wrap filled with options of cheese, ham or tuna mayo served with salad	Lunch option 2 Quorn Spaghetti bolognaise served with garlic bread and salad	Lunch option 2 Quorn sausages and mash served with gravy and Yorkshire pudding	Lunch option 2 Hot pitta wrap with filling options of cheese, ham etc
pudding option 1 Apple pie and custard	Pudding option 1 Banana cake	Pudding option 1 Blueberry muffin	Pudding option 1 Pancakes and fruit
Pudding option 2 Fruit bowl	Pudding option 2 Fruit bowl	Pudding option 2 Fruit bowl	Pudding option 2 Fruit bowl

Healthy Food Provision – excellent

- The children had healthy vegetable and fruit snacks and a home cooked meal of sausages with mashed potato for lunch. There was also sweet potato mash and Yorkshire pudding and gravy. The food is locally sourced and the menu is sent to the families in advance so any food preferences can be addressed.





Awareness and understanding of healthy eating – excellent

- The food is prepared in the family kitchen. The children can help with vegetable peeling and preparing the snacks. Today that was peppers, tomatoes, cucumber, blueberries and flat peaches. All families are encouraged not to send children with a packed lunch. Fruit and vegetables are grown on the site and it is hoped to extend this so more home-grown food can be used.



Signposting and referrals – good

- Full Circle have a range of pamphlets and booklets they give out to children and families on the last day including additional opportunities offered by the organisation. They would also be able to signpost families in need of clothes or food to local agencies who can offer help.





Enriching Activities – excellent

- A fantastic unique and special environment for children to be able to experience freedom to enjoy free play alongside animals and all in a beautiful setting. Free play, trust games, board games and art and craft are offered daily.



Accessibility and inclusiveness – excellent

- All the activities and experiences on offer were adaptable for children so they could enjoy the environment. Full Circle tailor the activities carefully so that children can have creative freedom. It is hoped in the future to access the 'Trampers' scheme in the Lake District enabling accessibility for all.



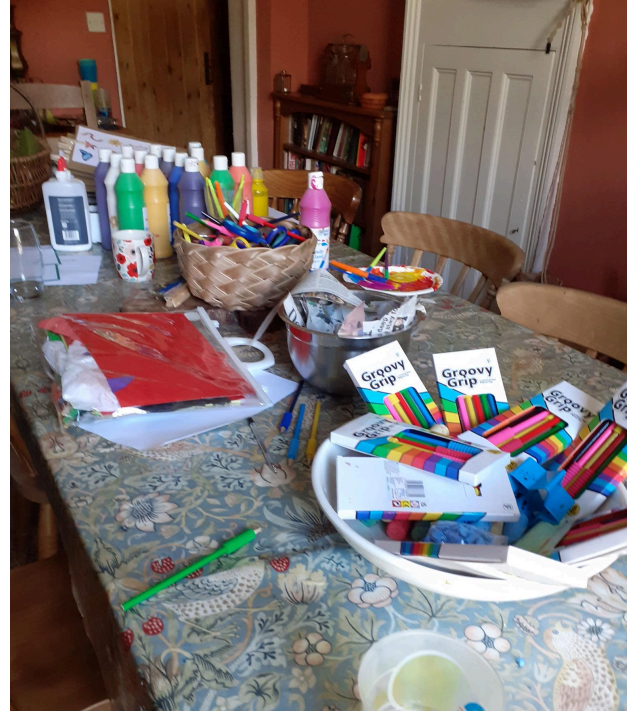
Physical Education – excellent

- The children get to experience a wide range of physical activities including a trampoline, yoga, a pole, navigation course following rope when blind folded, tree climbing, parachute games and many more games. Even on rainy days the outdoor space and activities are well used.

Environment and Sustainability – excellent

- All waste food is either fed to animals or composted. Food sourced locally by local producers or store delivery to reduce carbon footprint. Any packaging is recycled. The hope is to become fully sustainable and their courses talk about the importance and helpfulness of nature to us all. The Full Circle website shows the range of activities on offer. Some of these are incorporated within the HAF programme.
- https://fullcircleholidays.uk/About_Full_Circle.html





Overall rating - excellent

Full Circle at The Hermitage offered an outstanding location for all the children to experience closeness with animals while learning about the animals needs. Opportunity to challenge themselves climbing trees, space to play freely either on their own or with others. Materials to be creative. Indoor and outdoor space to explore. Young helpers supported younger children and offered encouragement.